

CUMIN AND LEMON HERBAL TEA

- **Cumin** increase body temperature and thus increases the metabolic rate of the bodies and when the metabolism is very effective, it can help with weight loss.
- **Lemon** contains citric acid and a high percentage of Vitamin C, so the use of lemon in the diet has a significant impact on the weight as drinking lemon with cumin gives a drink that helps to lose weight.
- **Health Benefits:** Lemon promotes vital liver functions. Removes any residue from the stomach and intestines. Promotes healthy skin and hair. Cumin tea helps to rid the body of toxins and uric acid. **Cumin with Lemon tea** maintains a healthy digestive system and balance gas production.

PACKING DETAILS

| | |
|-------------------|-----------------------------|
| Pallet Capacity | 90 Box |
| Pills in the box | 32 Pcs |
| Packing Type | Carton |
| Available Packing | 25 Sachets |
| Shelf-Life | 1 year |
| Pack Language | English & Arabic |



INGREDIENTS:

Cumin and Lemon

NUTRITION FACTS:

| Serving size 1 mug (8 fl oz) | |
|------------------------------|-----------|
| Calories | 2 |
| % Daily Value | |
| Total fat 0g | 0% |
| Saturated Fat 0.005g | 0% |
| Trans Fat | - |
| Polyunsaturated Fat 0.012g | |
| Monounsaturated Fat 0.002g | |
| Cholesterol 0mg | 0% |
| Sodium 2mg | 0% |
| Total Carbohydrates 0.47g | 0% |
| Dietary Fiber 0g | 0% |
| Sugar 0g | |
| Protein 0g | |
| Calcium 5mg | 0% |
| Iron 0.19g | 1% |
| Potassium 21mg | 1% |
| Vitamin A 0IU | 0% |
| Vitamin C 0.0mg | 0% |

WAY OF USE:

Put a bag in a cup (150ml) then pour the pure boiled water and leave it from 3-5 minutes.

Can be drink either hot or warm

It is preferable to keep the bag within the glass even during drinking so as to get maximum concentration of active materials.

STORAGE AND HANDLING

Store in cool and dry place.